OCTOBER 2, 2026.

AMIR TEMUR HALL

CONFERENCE DAY 1 PROGRAM

Presidium: Prof. Fozilov Kh.G. (Tashkent), Academician Kurbanov R.D. (Tashkent), Academician of the Russian Academy of Sciences Belenkov Yu.N. (Moscow, Russia), Academician Pya Yu.V. (Astana, Kazakhstan), Professor Lopatin Yu.M. (Volgograd, Russia), Professor Berkinbaev S.F. (Almaty, Kazakhstan)

8.00-8.30	**Registration of delegates and conference participants**
	I Plenary Session.
8.30-8.40	**Welcoming speech by the Director of the Republican Specialized Scientific and Practical Medical Center of Cardiology (RSSPMCC), Chief Cardiologist of the Ministry of Health of the Republic of Uzbekistan, DSc, Professor Fozilov Kh.G. Welcoming speech by the members of the Presidium.**
8.40-9.00	**Fozilov Khurshid Gayratovich,** DSc, Professor, Director of RSSPMCC, Chief Cardiologist of the Ministry of Health of the Republic of Uzbekistan. "Beyond Stenting: Microvascular Bed and Myocardial Metabolism in CCS. The Role of Nebivolol and Ranolazine in Patients with Obstructive and Non-Obstructive Diseases."
9.00-9.20	**Belenkov Yuri Nikitich,** DSc, Professor, Academician of the Russian Academy of Sciences, Director of the A.A. Ostroumov Clinic of Hospital Therapy at I.M. Sechenov First Moscow State Medical University, President of the Society of Heart Failure Specialists, Director of the Center for Heart Failure and the Center for Cardio-Oncology at Sechenov University, President of the Eurasian Association of Cardio-Oncologists, Editor-in-Chief of the journal "Kardiologiya". "Cardiometabolic multimorbidity in cardiology." (Moscow, Russia)
9.20-9.40	**Shek Alexander Borisovich**, DSc, Professor, Head of the Ischemic Heart Disease and Atherosclerosis Laboratory at RSSPMCC. "A patient after an acute coronary syndrome: what needs to be addressed first?"
9.40-9.55	**Drapkina Oksana Mikhailovna,** Academician of the Russian Academy of Sciences, Professor, Director of the Federal State Budgetary Institution National Medical Research Center for Therapy and Preventive Medicine. "Where is the vector of prevention heading?" (Moscow, Russian Federation). **ONLINE**
9.55-10.15	**Lopatin Yuri Mikhailovich,** DSc, Professor, Corresponding Member of the Russian Academy of Sciences, Head of the Department of Cardiology, Cardiovascular, and Thoracic Surgery at the Institute of Continuing Medical and Pharmaceutical Education at Volgograd State Medical University of the Ministry

	of Health of the Russian Federation, and Honored Doctor of the Russian Federation. "ESC 2026: What's New in the Heart Failure Guidelines?" (Volgograd, Russia)
10.15-10.35	**Mkrtumyan Ashot Musaelovich,** DSc, Professor, **Head** of the Endocrinology Department at the A.N. Semashko Scientific and Educational Institute of the Russian University of Medicine of the Ministry of Health of the Russian Federation; Head of the Scientific Department of Endocrine and Metabolic Disorders at the A.S. Loginov Moscow Clinical Research Center; Honored Doctor of the Russian Federation. "Cardiometabolic protection in type 2 diabetes: current opportunities for reducing cardiovascular risk." (Moscow, Russian Federation).
10.35-10.55	**Kobalava Zhanna Davidovna,** Corresponding Member of the Russian Academy of Sciences, DSc, Professor of the Department of Internal Medicine with a Course in Cardiology and Functional Diagnostics at RUDN University. "Arterial Hypertension 2026 – What the Experts Are Discussing." (Moscow, Russian Federation).
10.55-11.15	**Dzhunusbekova Gulnara Aldeshovna**, Professor of the Department of Cardiology at S.D. Asfendiyarov Kazakh National Medical University, Leading Expert of the Center for Arterial Hypertension and Lipidology of the Research Center for Cardiology and Internal Diseases, Vice President of the Association of Cardiologists of Kazakhstan, President of the Society of Specialists in Arterial Hypertension and Cardiovascular Prevention of Kazakhstan. "Hypersympathicotonia as a Key Link in the Pathogenesis of Uncontrolled Arterial Hypertension in Patients with Metabolic Syndrome." (Almaty, Kazakhstan).
11.15-11.30	**Mitkovskaya Natalia Pavlovna,** DSc, Professor, Chairman of the Belarusian Society of Cardiologists and Therapists, President of the Eurasian Arrhythmological Association, Head of the Department of Cardiology and Internal Medicine at the Belarusian State Medical University. "Mechanisms of Development of Cardiocerebral Catastrophes, Treatment, and Outcomes." (Minsk, Republic of Belarus). **ONLINE**
11.30-11.50	**Yezhov Marat Vladislavovich,** DSc, Professor, President of the National Society for the Study of Atherosclerosis, Head of the Laboratory of Lipid Metabolism Disorders at the E.I. Chazov National Medical Research Center of Cardiology. "New Opportunities for Defeating Atherosclerosis." (Moscow, Russian Federation).
11.50-13.20	**Satellite symposium of the "GENERAL" sponsor of the cardioconference – pharmaceutical company KRKA** **"The Comorbid Patient: A View from Leading Cardiology Experts"**
11.50-12.30	**Lopatin Yuri Mikhailovich,** Corresponding Member of the Russian Academy of Sciences, Head of the Department of Cardiology, Cardiovascular, and Thoracic Surgery at the Institute of Continuing Medical and Pharmaceutical Education, VolgSMU, Ministry of Health of the Russian Federation, Professor, and Honored Doctor of the Russian Federation. **Nedogoda Sergey Vladimirovich, Corresponding Member of the Russian Academy of Sciences, DSc**, Professor, Vice-Rector for Regional Healthcare Development and Clinical Work, Head of the Department of Internal Medicine, Institute of Continuing Medical and Pharmaceutical Education, VolgSMU, Ministry of Health of the Russian Federation, and Honored Doctor of the Russian Federation.

	Expert dialogue: "Rational Choice of Therapy for Combination of Arterial Hypertension and Atrial Fibrillation"
12.30-12.50	**Konradi Alexandra Olegovna**, Deputy Director General for Research at the Almazov National Medical Research Center of the Russian Ministry of Health, Head of the Research Department of Arterial Hypertension, Head of the Department of Healthcare Management and Economics at the Almazov Center's Institute of Medical Education, DSc, Professor, and Academician of the Russian Academy of Sciences. "Blood Pressure Control or Comprehensive Patient Protection? Current Potential of Telmisartan and Its Combinations."
12.50-13.10	**Matskeplishvili Simon Teimurazovich,** Corresponding Member of the Russian Academy of Sciences, DSc, Professor, and Deputy Director for Research at the Medical Research and Educational Center of Lomonosov Moscow State University. "Different Facets of Blood Pressure Control. How Can Valsartan and Its Combinations Change the Cardiovascular Prognosis?"
13.10-13.20	**Questions and Answers**
13.20-14.00	**Lunch break**
14.00-14.20	**Nedogoda Sergey Vladimirovich,** Corresponding Member of the Russian Academy of Sciences (RAS), DSc, Professor, Honored Doctor of the Russian Federation; Member of the Board of the Presidium of the Russian Society of Cardiology, President of the All-Russian public organization "Antihypertensive League"; Vice-Rector for the Development of Regional Healthcare and Clinical Work, Head of the Department of Internal Medicine, Institute of Continuing Medical and Pharmaceutical Education, Volgograd State Medical University, Ministry of Healthcare of the Russian Federation, expert in the development of national clinical guidelines in cardiology. "Metamorphoses of Heart Failure Therapy: Evidence Base for ARNI and SGLT2 inhibitors on the Disease Continuum". (Volgograd, Russian Federation).
14.20-14.40	**Khamidullaeva Gulnoz Abdusattarovna**, DSc, Professor, Deputy Director for Research at RSSPMCC of the Ministry of Health of the Republic of Uzbekistan. "Antihypertensive Therapy for a Comorbid Patient with Cardiorenometabolic Syndrome"
14.40-15.30	**Satellite symposium of the "GOLD" sponsor of the cardioconference – pharmaceutical company SERENE**
14.40-15.05	**Adilova Ikbol Gafuritdinovna, PhD**, Associate Professor, Department of Cardiology and Gerontology, with a course in interventional cardiology and arrhythmology, Center for the Development of Professional Qualifications of Medical Workers. "The Evolution of Lipid-Modifying Therapy: Why Rosuvastatin Remains a Cornerstone in the Prevention of Cardiovascular Events"
15.05-15.30	**Tulabaeva Gavkhar Mirakbarovna,** DSc, Professor, Head of the Department of Cardiology and Gerontology with a Course in Interventional Cardiology and Arrhythmology at the Center for the Development of Professional Qualifications of Medical Workers. "Sacubitril/valsartan in Modern Therapy of Chronic Heart Failure: From Evidence to Clinical Practice"
15.30-16.20	**Satellite symposium of the "GOLD" sponsor of the cardioconference – pharmaceutical company SERVIER**
15.30-16.10	**Kobalava Zhanna Davidovna,** Corresponding Member of the Russian Academy of Sciences, DSc, Professor of the Department of Internal Medicine with a Course in Cardiology and Functional Diagnostics at RUDN University. "Modern Trends and Complex Issues in the Management of Comorbid Patients with Hypertension: Practical Treatment Algorithms"

16.10-16.20	**Questions and Answers**
16.20-16.40	**Alikhanova Nadira Mirshavkatovna,** DSc, Deputy Director of the Research Center for Population Health Analysis and Healthy Lifestyle Promotion, Ministry of Health of the Republic of Uzbekistan. “Tirzepatide in Clinical Practice: From Weight Reduction to Metabolic Risk Management”
16.40-17.00	**Adilova Ikbol Gafuritdinovna, PhD**, Associate Professor, Department of Cardiology and Gerontology, with a course in interventional cardiology and arrhythmology, Center for the Development of Professional Qualifications of Medical Workers. "Atrial Fibrillation and Comorbidity: From Risk Assessment to Personalized Therapy."
17.00-18.00	**GRAND OPENING OF THE CONFERENCE OF CARDIOLOGISTS OF UZBEKISTAN, dedicated to the 50th anniversary of RSSPMCC of the Ministry of Health of the Republic of Uzbekistan, the III Kurultai of cardiologists of the Turkic-speaking states, the I Congress of the Society of Specialists of Uzbekistan on arterial hypertension and prevention of cardiovascular diseases, the Medical Forum "Uzbekistan - Azerbaijan".**
17.00-17.30	**Welcoming speech by the Minister of Health of the Republic of Uzbekistan Eldor Erkinovich Adilov.** **Report by the Director of RSSPMCC, Chief Cardiologist of the Ministry of Health of the Republic of Uzbekistan, Professor Khurshid Gayratovich Fozilov “50 years – 50 achievements in cardiology in Uzbekistan”.**
17.30-18.00	**Congratulations to cardiology veterans, heads of delegations and guests of the CardioCongress.** **Academician of the Academy of Sciences of the Republic of Uzbekistan Kurbanov R.D. (Tashkent)** **Academician of the Russian Academy of Sciences Belenkov Yuri Nikitich (Moscow, Russia)** **Academician of the National Academy of Sciences of the Republic of Kazakhstan Pya Yuri Vladimirovich (Astana, Kazakhstan)** **Professor Irgashev Shukhrat Boisovich (Uzbekistan)** **Professor Berkinbaev Salim Fakhatovich, Head of the Department of Cardiology, S.D. Asfendiyarov Kazakh National Medical University, President of the Association of Cardiologists of the Republic of Kazakhstan.** **Professor Yezhov Marat Vladislavovich, President of the National Society for the Study of Atherosclerosis** **Professor Kostko Semyon Zakharovich (USA)** **Professor Khashimov Khayrulla Abdullaevich (Uzbekistan)** **Professor Kiyakbaev Gayrat Kaluevich (Moscow, Russia)**
18.00-18.30	**Greetings to the participants of the 3rd Kurultai of Cardiologists of the Turkic-Speaking States. Congratulations on behalf of the delegations of the 1st and 2nd Congresses of Cardiologists of the Turkic-Speaking States of Azerbaijan and Kazakhstan.** **Greetings to the participants of the Uzbekistan-Azerbaijan Medical Forum**

CRYSTAL HALL

8.30-9.50	**Breakout Session No. 1. From Image to Diagnosis: Modern Possibilities of Cardiac Imaging** **Moderators: Doniyorov Sh.N., Bekmetova S.I.**

8.30-8.45	**Karimov Bakhtiyor Sobirovich**, applicant at the Laboratory of Non-invasive Diagnostics of Cardiovascular Diseases of RSSPMCC, "Echocardiographic criteria for pathological remodeling of the left ventricle after AMI: comparison of age groups"
8.45-9.00	**Zhukovsky Nikolay Sergeevich,** General practitioner, ultrasound specialist, Mariinsky Hospital. "Stress echocardiography for cardiomyopathies." (St. Petersburg, Russia). **ONLINE**
9.00-9.15	**Ivakaeva Natalia Olegovna,** Ultrasound diagnostician, head of department at the N.I. Pirogov City Clinical Hospital. "Stress echocardiography and CT perfusion in the diagnosis of coronary heart disease: a comparison of methods."
9.15-9.25	**Doniyorov Shukhratjon Nematullaevich**, PhD, Head of the Functional Diagnostics Department at RSSPMCC. "The RSSPMCC Experience with Transcatheter Mitral Valve Repair for Functional Mitral Regurgitation."
9.25-9.35	**Bekmetova Sevara Izhodovna**, PhD, research fellow at the Laboratory of Non-invasive Diagnostics of Cardiovascular Diseases, RSSPMCC, "Assessment of left ventricular diastolic function: ASE/EACVI algorithm in clinical practice."
9.35-9.45	**Ilkhomova Laylo Takhirovna**, PhD, research associate at the Laboratory of Non-invasive Diagnostics of Cardiovascular Diseases of RSSPMCC, "Recommendations for the Prevention of Occupational Musculoskeletal Disorders in Echocardiography Specialists: 2026 Recommendations of the American Society of Echocardiography"
9.45-9.50	**Discussion. Answers to questions**
9.50-12.10	**Breakout Session No. 2. "Sudden Arrhythmic Death: Primary and Secondary Prevention." Presidium: Academician R.D. Kurbanov (Tashkent), Professor S.P. Golitsyn (Moscow), Professor N.U. Zokirov (Tashkent), S.Yu. Nikulina (Krasnoyarsk)**
9.50-10.10	**Golitsyn Sergey Pavlovich,** DSc, Professor, Head of the Department of Clinical Electrophysiology and Interventional Treatment of Heart Rhythm Disorders, A.L. Myasnikov Research Institute of Clinical Cardiology, E.I. Chazov National Medical Research Center of Cardiology, Ministry of Health of the Russian Federation. "Class I Antiarrhythmic Drugs for IHD and Other Structural Heart Diseases. Is the History of the Issue Closed?" **(ONLINE)**
10.10-10.25	**Kurbanov Ravshanbek Davletovich,** DSc, Professor, Academician of the Academy of Sciences of Uzbekistan, Advisor to the Director of RSSPMCC of the Ministry of Health of the Republic of Uzbekistan. "The Problem of Sudden Cardiac Death in Young Adults: Modern Approaches to Diagnosis, Etiology, and Prevention"
10.25-10.45	**Goncharik Dmitry Borisovich**, PhD, Associate Professor, Head of the Rhythm Disorders Department, Republican Scientific and Practical Center for Cardiology, Ministry of Health of the Republic of Belarus. "The Place of Class 1C Antiarrhythmic Drugs in the Treatment of Complex Rhythm Disorders" (Minsk, Belarus).
10.45-11.00	**Nikulina Svetlana Yuryevna,** DSc, Professor, Head of the Department of Faculty Therapy with a Postgraduate Education Course, Federal State Budgetary Educational Institution of Higher Education "Krasnoyarsk State Medical University named after prof. V.F. Voyno-Yasenetsky" of the Ministry of Health of the Russian Federation. "Channelopathies: Diagnosis and Treatment" (Krasnoyarsk, Russia).
11.00-11.15	**Arnapolskaya Dina Iosifovna,** DSc, Associate Professor of the Department of Internal Medicine, Nephrology and Hemodialysis, Tashkent State Medical University, B.N. Kurbanov, PhD, postgraduate student at Tashkent State Medical

	University. "Assessing the Risk of Sudden Cardiac Death in Athletes. The Seattle System: Necessary, but Is It Sufficient?"
11.15-11.30	**Tursunov Ergashali Yandashalievich, PhD**, Senior Researcher, Laboratory of Cardiac Arrhythmias, RSSPMCC. "Sudden cardiac death in young adults: original results."
11.30-12.10	**Satellite Symposium of the Main Sponsor Promomed**
11.30-12.00	**Tulabaeva Gavkhar Mirakbarovna**, DSc, Professor, Head of the Department of Cardiology and Gerontology with a Course in Interventional Cardiology and Arrhythmology at the Center for the Development of Professional Qualifications of Medical Workers. Obesity as a Cardiovascular Risk Factor: Potential of Semaglutide (Velgiya) in the Prevention of Cardiovascular Events
12.00-12.10	**Discussion. Answers to questions**
12.10-13.00	**Satellite Symposium of the Main Sponsor** Modern Anticoagulant Therapy: New Opportunities with Apixaban **Gedeon Richter**
12.10-12.50	**Mullabaeva Guzal Uchkunovna,** DSc, Scientific Director of the Laboratory of Minimally Invasive Cardiac Surgery and Postoperative Recovery at RSSPMCC of the Ministry of Health of Uzbekistan. "Balance of Efficacy and Safety: How to Avoid Thrombosis and Bleeding"
12.50-13.00	**Discussion. Answers to questions**
13.00-14.00	**Lunch break**
14.00-15.00	**Satellite Symposium of the Main Sponsor Orville**
14.00-14.20	**Lopatin Yuri Mikhailovich,** DSc, Professor, Corresponding Member of the Russian Academy of Sciences, Head of the Department of Cardiology, Cardiovascular and Thoracic Surgery, Institute of Continuing Medical and Pharmaceutical Education, Volgograd State Medical University. "Mineralocorticoid Receptor Antagonists. Finerenone: Yesterday, Today, Tomorrow" (Volgograd, Russia)
14.20-14.40	**Yezhov Marat Vladislavovich,** DSc, Professor, President of the National Society for the Study of Atherosclerosis, Head of the Laboratory of Lipid Metabolism Disorders at the E.I. Chazov National Medical Research Center of Cardiology. "New Recommendations–New Opportunities: Bempedoic Acid in a Modern Strategy for LDL-C Control" (Moscow, Russia)
14.40-15.00	**Abdullaev Timur Atanazarovich,** Professor, DSc. Head of the Laboratory of Heart Failure and Non-Coronary Myocardial Diseases at RSSPMCC. "From Guidelines to Gray Areas: Who, When, and Why Needs Anticoagulant Protection with Rivaroxaban"
15.00-15.40	**Satellite Symposium of the Main Sponsor GEROPHARM**
15.00-15.35	**Nizamov Ulugbek Irgashevich,** PhD, Deputy Director for Clinical Work, Senior Researcher, Laboratory of Chronic Ischemic Heart Disease and Atherosclerosis, RSSPMCC. "The Place of GLP-1 RA in Pharmacotherapy of Patients with Cardiovascular Pathology"
15.35-15.40	**Answers to questions**
	Sectional report supported by the official sponsor ACINO PART OF ARCERA
15.40-16.00	**Panov Alexey Vladimirovich**, DSc, Professor, Head of the Coronary Heart Disease Research Department at the Almazov National Medical Research Center of the Russian Ministry of Health, Professor of the Department of Faculty Therapy at the Pavlov First Saint Petersburg State Medical University, Member of the Expert Council of National Guidelines. "Antianginal Therapy in the Era of Revascularization: The Role of Beta-Blockers." **ONLINE**

16.00-17.00	**Satellite Symposium of the Main Sponsor Berlin-Chemie AG**
16.00-16.30	**Shek Alexander Borisovich,** DSc, Professor, Head of the Scientific Laboratory of IHD and Atherosclerosis, RSSPMCC, Ministry of Health of Uzbekistan. "Optimization of Antianginal Therapy in Patients with Chronic Coronary Syndrome: A Current Approach"
16.30-16.50	**Khamidullaeva Gulnoz Abdusattarovna**, DSc, Professor, Deputy Director for Science, Head of the Department of Hypertension at RSSPMCC of the Ministry of Health of Uzbekistan. "Optimization of Dual Antihypertensive Therapy: The Path from Blood Pressure Control to Long-Term Organ Protection"
16.50-17.00	**Discussion. Answers to questions**
17.00-18.30	**The grand opening of the conference of cardiologists of Uzbekistan, the III Kurultai of cardiologists of the Turkic-speaking states and the Uzbekistan-Azerbaijan Medical Forum (Amir Temur Hall)**

LOS AMIGOS HALL

9.00-11.00	**Breakout Session No. 1. "School of Lipidology." Presidium:** **Yezhov Marat Vladislavovich,** DSc, Professor, Head of the Laboratory of Lipid Metabolism Disorders, A.L. Myasnikov Research Institute of Clinical Cardiology, E.I. Chazov National Medical Research Center of Cardiology (Federal State Budgetary Institution), Ministry of Health of the Russian Federation. President of the National Society for the Study of Atherosclerosis (Moscow, Russia). **Bekbosynova Makhabbat Sansyzbaevna,** DSc, Professor, Chief Cardiologist of the Ministry of Health of the Republic of Kazakhstan, Deputy Chairman of the Board of the University Medical Center, President of the Kazakhstan Atherosclerosis Society (Astana, Kazakhstan). **Mirrakhimov Erkin Mirsaidovich,** DSc, Professor, Head of the Department of Faculty Therapy named after M.E. Volsky – M.M. Mirrakhimov of the Kyrgyz State Medical Academy named after I.K. Akhunbaev, Chairman of the public association "Kyrgyz Society of Internal Medicine" (Bishkek, Kyrgyzstan). **Shek Alexander Borisovich,** DSc, Professor, Head of the Scientific Laboratory of IHD and Atherosclerosis of RSSPMCC, Chairman of the Atherosclerosis Section of the Association of Cardiologists of Uzbekistan
9.00-9.15	**Alieva Rano Burkhanovna,** DSc, Chief Researcher, Laboratory of Ischemic Heart Disease and Atherosclerosis "2026 Recommendations on Lipid Disorders (AHA/ACC/ASC, National Protocol of the Association of Cardiologists of Uzbekistan): What Is New Compared with Previous Recommendations?"
9.15-9.30	**Nizamov Ulugbek Irgashevich**, PhD, Chief Physician of the Republican Specialized Scientific and Practical Medical Center of Cardiology; Senior Researcher, Laboratory of Ischemic Heart Disease and Atherosclerosis "Dyslipidemia in Pregnancy"
9.30-9.45	**Khoshimov Shavkat Urazalievich**, PhD, Senior Researcher, Laboratory of Ischemic Heart Disease and Atherosclerosis "The Contribution of Interleukin-6 Gene Polymorphism to the Development of Atherosclerosis and Its Impact on Lipoprotein(a) Levels"
9.45-10.00	**Kim Andrey Rudolfovich**, PhD, Researcher, Laboratory of Ischemic Heart Disease and Atherosclerosis

	"Specific Features of Risk Stratification and Management of Patients with Coronary Artery Disease and Metabolic Syndrome"
10.00-10.15	**Kan Liliya Edikovna**, Researcher, Laboratory of Ischemic Heart Disease and Atherosclerosis "The First Genetic Study of Familial Hypercholesterolemia in Uzbekistan Using Next-Generation Sequencing"
10.15-10.30	**Yusupalieva Dilnora Bakhodirovna**, doctoral student, Laboratory of Ischemic Heart Disease and Atherosclerosis "The Potential of Antisense Oligonucleotides in the Treatment of Atherosclerosis: Is There a Rationale?"
10.30-11.10	Satellite Symposium of the Main Sponsor – **Abbott**
10.30-11.00	**Shek Alexander Borisovich,** DSc, Professor, Head of the Research Laboratory of Ischemic Heart Disease and Atherosclerosis "Hypertriglyceridemia: A Paradigm Shift in the Prevention of Cardiovascular Complications"
11.00-11.10	**Discussion. Answers to questions**
11.10-11.50	Satellite Symposium of the Main Sponsor – **ADAMED PHARMA S.A.**
11.10-11.30	**Mullabaeva Guzal Uchkunovna,** DSc, Scientific Director, Laboratory of Minimally Invasive Cardiac Surgery and Postoperative Recovery, Republican Specialized Scientific and Practical Medical Center of Cardiology "The Comorbid Patient with Coronary Artery Disease: Modern Approaches to Antianginal Therapy"
11.30-11.50	**Khamidullaeva Gulnoz Abdusattarovna**, DSc, Professor, Deputy Director for Research, Republican Specialized Scientific and Practical Medical Center of Cardiology, Ministry of Health of the Republic of Uzbekistan "Modern Approaches to Comprehensive Cardiovascular Risk Reduction in Patients with Arterial Hypertension and Dyslipidemia"
11.50-12.30	**Symposium: "Cardiology News: Key Updates from Leading Professional Societies".** Chair: DSc, Professor Trigulova R.Kh.
11.50-12.10	**Trigulova Raisa Khusainovna,** DSc, Professor, Head of the Research Laboratory of Preventive Cardiology, Republican Specialized Scientific and Practical Medical Center of Cardiology, Ministry of Health of the Republic of Uzbekistan. "Empagliflozin: Yesterday and Today"
12.10-12.30	**Nizamov Ulugbek Irgashevich**, PhD, Senior Researcher, Laboratory of Chronic Ischemic Heart Disease and Atherosclerosis, Chief Physician of RSSPMCC, Ministry of Health of Uzbekistan. "Dual Antiplatelet Therapy for Chronic Coronary Syndrome: From Universal Approaches to Personalized Medicine"
12.30-13.00	**Satellite Symposium of the Main Sponsor – EGIS**
12.30-12.50	**Tulabaeva Gavkhar Mirakbarovna,** DSc, Professor, Head of the Department of Cardiology and Gerontology with Courses in Interventional Cardiology and Arrhythmology, Center for the Development of Professional Qualifications of Medical Workers "Fixed-Dose Atorvastatin/Ezetimibe Combination in Achieving LDL-C Target Levels: Review of the Evidence Base and Clinical Guidelines"
12.50-13.00	**Discussion, answers to questions**
13.00-14.00	**Lunch break**

14.00-14.40	**Symposium: "Cardiology News: Key Updates from Leading Professional Societies." Chair: DSc Mullabaeva G.U.**
14.00-14.20	**Mullabaeva Guzal Uchkunovna,** DSc, Scientific Director of the Laboratory of Minimally Invasive Cardiac Surgery and Postoperative Recovery at RSSPMCC, "Cardiorenal Axis in CHF"
14.20-14.40	**Nizamov Ulugbek Irgashevich,** PhD, Senior Researcher, Laboratory of Chronic Ischemic Heart Disease and Atherosclerosis, Chief Physician of RSSPMCC. "Current Positions on Pharmacotherapy in Patients with Comorbid Cardiovascular Diseases"
14.40-17.00	**Breakout Session No. 2. "Heart failure and cardiomyopathy: from research to clinical practice".** **Moderators:** Abdullaev T.A. (Uzbekistan), Khasanov N.R. (Tatarstan, Russian Federation), Kasenova S.L. (Kazakhstan)
14.40-15.00	**Khasanov Niyaz Rustemovich,** DSc, Professor. Head of the Department of Propaedeutics of Internal Diseases named after Professor S.S. Zimnitsky, Kazan State Medical University. Kazan. Tatarstan. "Integrated Architecture of Cardiovascular Protection" (Kazan, Russia)
15.00-15.15	**Zagidullin Naufal Shamilevich,** DSc, Professor, Head of the Department of Internal Medicine Propaedeutics, Director of the Research Institute of Cardiology, Federal State Budgetary Educational Institution of Higher Education Bashkir State Medical University, Ministry of Health of the Russian Federation, Ufa. "Phenotyping of Patients with CHF: A Personalized Approach to Treatment." (Ufa, Russia)
15.15-15.30	**Kasenova Saule Laikovna,** DSc, Professor. Department of Internal Medicine, Research Institute of Cardiology and Internal Medicine. Almaty, Kazakhstan. "Personalized Therapy for Pulmonary Arterial Hypertension" (Almaty, Kazakhstan)
15.30-15.45	**Abdullaev Timur Atanazarovich,** Professor, DSc. Head of the Laboratory of Heart Failure and Non-Coronary Myocardial Diseases at RSSPMCC. "The History and Discoveries in the Study of Heart Failure Globally and in Uzbekistan"
15.45-16.00	**Tsoi Igor Arsenievich,** PhD. Senior Researcher, Laboratory of Heart Failure and Non-Coronary Myocardial Diseases, RSSPMCC. "Iron Deficiency in Heart Failure: Significance, Diagnosis, and Therapy."
16.00-16.15	**Badykov Marat Rifkatovich,** PhD, Associate Professor of the Department of Hospital and Cardiovascular Surgery at the Bashkir State Medical University of the Russian Ministry of Health, and physician at the Department of Surgical Treatment of Complex Cardiac Arrhythmias and Pacing, Republican Cardiology Center. Ufa, Bashkortostan. "Ventricular Extrasystole as a Predictor of Cardiomyopathy"
16.15-16.30	**Kurbanov Nurali Abdurakhmanovich,** DSc. Director of the Jizzakh Branch of RSSPMCC. Jizzakh, Uzbekistan. "Clinical and instrumental characteristics and comparative analysis of patients with anterior and posterior Q-wave myocardial infarction complicated by chronic heart failure."
16.30-16.45	**Shchekin Vlas Sergeevich,** PhD, Head of the Morphology Laboratory, Institute of Fundamental Medicine, Bashkir State Medical University, Ufa, Bashkortostan. "The Relationship between Serum NT-proBNP and Atrial BNP in Patients with Chronic Heart Failure"
16.45-17.00	**Gulomov Humayun Abduvakhabovich,** PhD. Researcher at the Laboratory of Heart Failure and Non-Coronary Myocardial Diseases at RSSPMCC. "The

	Prognostic Role of New Heart Failure Biomarkers in Dilated Cardiomyopathy: Results of Our Own Study"
17.00-18.30	**The grand opening of the conference of cardiologists of Uzbekistan, the III Kurultai of cardiologists of the Turkic-speaking states and the Uzbekistan-Azerbaijan Medical Forum (Amir Temur Hall)**

SAMARKAND HALL

9.00-11.00	**Breakout Session No. 1. "Omics cardiology: from molecules to clinical practice" Moderators: DSc Abdullaeva G.Zh., PhD Yusupova Kh.F.**
9.00-9.15	**Abdullaev Alisher Abdumavlyanovich,** DSc (Biology), Professor, Head of the Biotechnology Research Laboratory of the Center for Advanced Technologies of the Academy of Sciences of the Republic of Uzbekistan. "Genomic Research in Uzbekistan."
9.15-9.30	**Kukes Ilya Vladimirovich,** PhD, Director of the Scientific Center for Clinical Metabolomics, Genetics and Pharmacology, Head of the Scientific and Clinical Department of the International Association of Clinical Pharmacologists. "Clinical Metabolomics: From Theory to Practice. Where Are We Now?" (Moscow, Russia).
9.30-9.45	**Abdullaeva Guzal Zhaloliddinovna,** DSc, Professor, Head of the Research Laboratory of Arterial Hypertension and Molecular Genetic Studies, RSSPMCC. "From Biobank to Biomarker: Omics Technologies in Deciphering Cardiovascular Diseases."
9.45-10.00	**Zhusupbekova Lazzat Ibrashevna –** PhD, Associate Professor, Department of Internal Medicine No. 3, Astana Medical University. "Metabolomic Profile of a Patient with IHD: A Case Series" (Astana, Kazakhstan).
10.00-10.15	**Alieva Rano Burkhanovna,** DSc, Senior Researcher at the Research Laboratory of Coronary Heart Disease and Atherosclerosis. "Multi-omics Technologies in Assessing Cardiotoxicity in Cancer Patients"
10.15-10.30	**Nurkina Dinara Almatovna,** 2nd-year doctoral student at Astana Medical University. Yeshmuratov Bauyrzhan Kuralovich, Deputy Director for Treatment and Preventive Work, Multidisciplinary City Hospital No. 1 of the Akimat. "Pilot Evaluation of the Metabolomic Profile of Young Patients with Acute Forms of IHD" (Astana, Kazakhstan).
10.30-10.40	**Yusupova Khafiza Furkatovna,** PhD, geneticist, RSSPMCC. "Genetic Research in Cardiology: Opportunities, Prospects and the RSSPMCC Experience"
10.40-10.50	**Ataniyazov Khurshid Khamidovich,** PhD, Associate Professor, Head of the Arterial Hypertension Department, Karakalpak Regional Branch of RSSPMCC. "Genetic risk of developing arterial hypertension in residents of the Aral Sea region." (Own research results).
10.50-11.00	**Mashkurova Zarina Tolkunovna,** PhD, doctoral student (DSc) of the Research Laboratory of Arterial Hypertension and Molecular Genetic Studies, RSSPMCC; cardiologist, RSSPMCC. Abdullaeva Guzal Zhaloliddinovna – DSc, Head of the Research Laboratory of Arterial Hypertension and Molecular Genetic Studies, RSSPMCC. "Clinical and genetic predictors of atrial fibrillation in patients with arterial hypertension in the Uzbek population." Own research results.
11.00-11.10	**Discussion, answers to questions**
11.10-13.00	**1st Congress of the Uzbekistan Society of Specialists in Arterial Hypertension and Cardiovascular Disease Prevention. Scientific Section No.**

	1. Moderators: Professor Dzhunusbekova G.A. (Kazakhstan), Professor Khamidullaeva G.A., Professor Dzhioeva O.N. (Russia), Professor Abdullaeva G.Zh. (Uzbekistan)
11.10-11.30	**Abdullaeva Guzal Zhaloliddinovna,** DSc, Professor, Head of the Research Laboratory of Arterial Hypertension and Molecular Genetic Studies, RSSPMCC. "Modern approaches to the treatment of arterial hypertension: focus on cardiorenometabolic risk"
11.30-11.50	**Faizullaev Bakhrom Faizullaevich,** PhD, Associate Professor, Department of Internal Medicine and Dermatovenereology, Urgench State Medical Institute. "Combination Therapy with Amlodipine/Valsartan in Patients with Heart Failure with Preserved Ejection Fraction."
11.50-12.10	**Dzhioeva Olga Nikolaevna**, DSc, Director of the Institute of Professional Education and Accreditation, Head of the Laboratory of the National Medical Research Center for Therapy and Preventive Medicine of the Russian Ministry of Health, Head of the Department of Internal Medicine Propaedeutics at the Petrovsky Medical University of the Ministry of Science and Higher Education of the Russian Federation, Vice President of the Russian Society for the Prevention of Non-Communicable Diseases. "Cardioprophylaxis Strategy 2026" (Moscow, Russia)
12.10-13.00	**Experts from the European Society of Hypertension. ESH Master Plan. Real-World Practice of Treating Arterial Hypertension in Europe. Question and answer session. with the support of SERVIER**
12.10-12.30	**Professor** Andrzej Januszewicz (Poland), The President of the European Society of Hypertension (ESH). "Highlights on hypertension management and latest update of ESH guidelines: ESH Masterplan"
12.30-12.50	**Dr.** Anna Vachulová, PhD. (Slovakia), The Vice-President of the Slovak League Against Hypertension. "Charter to improve national control in HT in Slovakia: 8-year achievements and perspectives"
12.50-13.00	**Discussion. Answers to questions**
13.00-14.00	**Lunch break**
14.00-15.30	**Breakout Session No. 2. "Atrial Fibrillation: Challenges and Solutions." Co-Chairs:** Mirrakhimov Erkin Mirsaidovich, DSc, Professor (Kyrgyzstan) Chernova Anna Alexandrovna, DSc, Professor (Russia) Zokirov Nodir Uzuevich - DSc, Professor, RSSPMCC (Uzbekistan).
14.00-14.15	**Mirrakhimov Erkin Mirsaidovich,** DSc, Professor, Head of the Department of Faculty Therapy of the Kyrgyz State Medical Academy named after I.K. Akhunbaev. Atrial Fibrillation: Prevention Beyond Antiarrhythmics (Bishkek, Kyrgyzstan)
14.15-14.30	**Zokirov Nodir Uzuevich**, DSc, Professor, Head of the Basic Laboratory of Cardiac Arrhythmias at RSSPMCC. “Residual Strokes in Patients on Anticoagulant Therapy: Can We Afford Not to Monitor the Effectiveness of Oral Anticoagulants?”
14.30-14.45	**Chernova Anna Alexandrovna**, DSc, Professor of the Department of Faculty Therapy of the Federal State Budgetary Educational Institution of Higher Education “Krasnoyarsk State Medical University named after prof. V.F. Voyno-Yasenetsky” of the Ministry of Health of the Russian Federation. "Chronic heart failure in atrial fibrillation: impact on thromboembolic risk" (Krasnoyarsk, Russia).
14.45-15.00	**Mironov Nikolay Yurievich**, DSc, Leading Researcher, Laboratory of Interventional Diagnostic and Treatment Methods for Heart Rhythm,

	Conduction, and Syncope Disorders, A.L. Myasnikov Research Institute of Clinical Cardiology, E.I. Chazov National Medical Research Center of Cardiology, Ministry of Health of the Russian Federation. "Atrial Fibrillation: At the Crossroads of Opportunities and Contradictions" (Moscow, Russia). **ONLINE**.
15.00-15.15	**Irisov Jamshid Bakhodirovich**, PhD, Associate Professor of the Department of Internal Medicine of the Tashkent State Medical University. "Chronic kidney disease in patients with atrial fibrillation".
15.15-15.30	**Pak Alexey Mikhailovich, PhD**, Chairman of the National Society of Respiratory Medicine, Pulmonologist. "Cardiovascular Consequences of Obstructive Sleep Apnea" (Almaty, Kazakhstan)
15.30-17.00	**Breakout Session No. 3. "Modern Approaches to the Diagnosis and Treatment of Conduction and Rhythm Disorders." Co-Chairs:** **Professor Kabaev Ulan Temirzhanovich (Astana, Kazakhstan);** **DSc Amirkulov Bakhtiyor Dzhumaevich (Tashkent, Uzbekistan)**
15.30-15.45	**Kabaev Ulan Temirzhanovich, DSc**, Professor, Head of the Department of Heart Rhythm Disorders, National Scientific Medical Center JSC, Astana. "The current state of the problem of diagnosis and treatment of heart rhythm disorders in the Republic of Kazakhstan" (Astana, Kazakhstan).
15.45-16.00	**Amirkulov Bakhtiyor Dzhumaevich, DSc,** Head of the Department of Electrophysiological Studies, RSSPMCC, Ministry of Health of the Republic of Uzbekistan. "Catheter Technologies for Rhythm Control in Patients with Atrial Fibrillation"
16.00-16.15	**Badykova Elena Albertovna,** PhD, Associate Professor of the Department of Propaedeutics of Internal Diseases of the Federal State Budgetary Educational Institution of Higher Education Bashkir State Medical University of the Ministry of Health of the Russian Federation. "Bradyarrhythmias at the outpatient stage: clinical analysis of causes and diagnostic algorithm" (Ufa, Russia).
16.15-16.30	**Gusev Vladimir Alekseevich,** Cardiovascular surgeon, Department of Interventional Arrhythmology and Cardiac Pacing, V.A. Almazov National Medical Research Center, St. Petersburg. **Garkina Svetlana Vitalievna,** PhD, cardiologist, Department of Interventional Arrhythmology and Cardiac Pacing, Associate Professor, Head of the Academic Department of the Educational Center "Academy of Arrhythmology" of the Federal State Budgetary Institution "V.A. Almazov National Medical Research Center", St. Petersburg "ECG in a patient with a pacemaker: assessment of normal and abnormal pacing" (St. Petersburg, Russia)
16.30-16.45	**Amirkulov Rakhim Jumaevich,** PhD, Head of the Department of Electrophysiological Research, RSSPMCC, Ministry of Health of the Republic of Uzbekistan. "Diagnosis and Treatment of Bradyarrhythmias: The RSSPMCC Experience".
16.45-17.00	**Sodikov Jamshid Kahraman ugli,** Interventional surgeon at the Ezgu Niyat Clinic. "Physiological pacing of the cardiac conduction system."
	Discussion. Answers to questions
17.00-18.30	**The grand opening of the conference of cardiologists of Uzbekistan, the III Kurultai of cardiologists of the Turkic-speaking states, the Uzbekistan-Azerbaijan Medical Forum (Amir Temur Hall)**

BUKHARA HALL

Scientific sections on interventional cardiology and cardiac surgery

8.30-13.00	**Breakout Session No. 1. "Innovations in interventional cardiology." Moderators: PhD Staferov A.V. (Moscow), PhD Yuldashov B.A. (Tashkent)**
8.30-8.45	**Karimov Marat Akhmadovich,** Endovascular diagnosis and treatment physician, Clinic of the Federal State Budgetary Educational Institution of Higher Education Bashkir State Medical University of the Ministry of Health of the Russian Federation. "Clinical experience with transcatheter aortic valve implantation in patients at high and intermediate surgical risk." (Ufa, Russia).
8.45-9.00	**Berdikhojaev Mynzhylky Sailauovich,** Deputy Director for Surgery of the Hospital of the Medical Center of the Presidential Administration of the Republic of Kazakhstan. "Endovascular treatment of stenosis, occlusions and kinking of cerebral arteries." (Astana, Kazakhstan).
9.00-9.15	**Gareeva Diana Firdavisovna,** PhD, Associate Professor of the Department of Internal Medicine Propaedeutics, Federal State Budgetary Educational Institution of Higher Education, Bashkir State Medical University, Ministry of Health of the Russian Federation. "Prediction of Coronary Artery Restenosis Using Modern Biomarkers." (Ufa, Russia).
9.15-9.30	**Yuldashov Bakhtiyorzhon Abduganievich, PhD,** Head of the Department of Endovascular Treatment of Cardiovascular Diseases, RSSPMCC. "Modern Technologies in the Treatment of Chronic Ischemic Heart Disease"
9.30-9.45	**Staferov Anton Valerievich,** PhD, Head of the Department of Endovascular Diagnosis and Treatment, Federal Scientific and Clinical Center of the Federal Medical and Biological Agency of Russia. "Modern Approaches to the Treatment of Calcified Coronary Artery Lesions" (Moscow, Russia).
9.45-10.00	**Norov Faridun Khomidovich,** PhD, Chairman of the Association of Endovascular Surgeons of the Republic of Tajikistan, physician in the Department of Endovascular Surgery at the Istiklol Medical Complex. "Endovascular Treatment of Aortic Coarctation" (Dushanbe, Tajikistan).
10.00-10.15	**Professor Bilgehan Karadag**, FESC, Professor of Cardiology Division of Cardiology, Istanbul University-Cerrahpasa, Cerrahpasa School of Medicine, "Optimization of antiplatelet therapy in patients with acute coronary syndrome who have undergone percutaneous coronary intervention (PCI)." (Istanbul, Turkey).
10.15-10.30	**Merkulov Evgeny Vladimirovich,** DSc, Head of the Department of Endovascular Diagnosis and Treatment at the E.I. Chazov National Medical Research Center of Cardiology. "Postinfarction ventricular septal rupture is a fatal complication of myocardial infarction. Possible treatment options." (Moscow, Russia)
10.30-10.45	**Lepilin Petr Mikhailovich,** PhD, Senior Researcher, Center for Hybrid Methods of Treatment of Cardiovascular Diseases, E.I. Chazov National Medical Research Center of Cardiology, Moscow. "Potential of Balloon-Expandable Valves in the Transcatheter Treatment of Aortic Valve Stenosis". (Moscow, Russia)
10.45-11.00	**Discussion, answers to questions**
11.00-11.15	**Charyev Maksat Khoshgeldievich,** International Cardiology Center, "Long-term results of endovascular treatment of acute lower limb ischemia after surgery for aortic dissection" (Ashgabat, Turkmenistan).
11.15-11.30	**Zhalilov Akmalzhon Olmovich,** Head of the Department of Endovascular Surgery, Namangan Branch of RSSPMCC, Namangan, Uzbekistan. "Endovascular Treatment of Chronic Pulmonary Embolism: Experience of the Namangan Branch of RSSPMCC."

11.30-11.45	**Bazarbaev Eziz Goklenovich,** Dashoguz Multidisciplinary Hospital. “Efficacy and safety of drug-eluting balloons in de novo coronary artery lesions: a single-center experience” (Dashoguz, Turkmenistan).
11.45-12.00	**Norkulov Marufjon Sirojiddin ugli**, Head of the Department of Endovascular Surgery, Karshi Branch of RSSPMCC. "IVUS-Guided Proximal Cap Puncture in LAD CTO and a Hybrid DES–DCB Strategy for Bifurcation Disease: A Case Report."
12.00-12.10	**Atazhanov Ulugbek Urazbaevich,** Endovascular surgeon, Department of Endovascular Treatment of Cardiovascular Diseases, RSSPMCC. "Endovascular treatment of patients with congenital heart disease – personal experience."
12.10-12.20	**Atamuratov Bakhtiyor Razhabbaevich,** Endovascular surgeon, Department of Endovascular Treatment of Cardiovascular Diseases, RSSPMCC. "Results of stenting patients with acute coronary syndrome with ST-segment elevation using the domestically produced SINOTECH+ stent."
12.20-12.35	**Abdullaeva Saodat Yashinovna,** PhD, Senior Researcher, Laboratory of Acute Myocardial Infarction, RSSPMCC, Ministry of Health of Uzbekistan. «The fifth universal definition of myocardial infarction (2026): what needs to change in practice»
12.35-12.50	**Kadyrov Bahram, PhD, Chairman of the Association of Cardiologists of the Republic of Turkmenistan** –"Comparative analysis of the results of percutaneous coronary intervention and optimal drug therapy in patients with coronary heart disease with reduced ejection fraction" (Ashgabat, Turkmenistan) **ONLINE**
12.50-13.00	**Averyanova Anna Aleksandrovna,** laboratory physician, physician of the highest category, PhD (Biology), Honored Doctor of the Republic of Uzbekistan, consultant of the Clinical Diagnostic Laboratory of AKFA MEDLINE Medical Center. “New Laboratory Tests for the Diagnosis of Thrombosis: From Vascular Wall Damage to Fibrinolysis”.
13.00-14.00	**Lunch break**
14.00-15.50	**Breakout Session No. 2. "Modern Cardiac Surgery: Challenges and Achievements." Moderators: Efendiev V.U. (St. Petersburg), Khairullaev U.T. (Tashkent), Musin J.E. (Fergana)**
14.00-14.15	**Snegirev Mikhail Alexandrovich -** Cardiac surgeon, Department of Minimally Invasive Cardiac Surgery, RSSPMCC, Tashkent. "Reducing the risks of multivessel coronary artery bypass grafting."
14.15-14.30	**Efendiev Vidadi Umudovich**, PhD. Head of the Cardiac Surgery Department, Cardiovascular Surgeon, Beloostrov Clinic, St. Petersburg, Russia. "Aortic Valve Preservation Options."
14.30-14.45	**Sharipov Islam Mamatkhanovich**, DSc, cardiac surgeon at the Soglom Yurak Clinic, Tashkent. "Minimally invasive coronary artery bypass grafting: our experience"
14.45-15.00	**Mullabaeva Guzal Uchkunovna**, DSc, Scientific Director of the Laboratory of Minimally Invasive Cardiac Surgery and Postoperative Recovery, RSSPMCC, Tashkent. "Perioperative Management of Patients Before Non-Cardiac Surgeries"
15.00-15.10	**Khairullaev Umidulla Takhirovich**, PhD. Head of the Minimally Invasive Cardiac Surgery Department, RSSPMCC, Tashkent. "Optimization of Management Tactics for Patients with Valve Pathologies and Low Ejection Fraction."

15.10-15.20	**Islamov Davron Maratovich, Anesthesiologist**-intensivist, Department of Minimally Invasive Cardiac Surgery, RSSPMCC, Tashkent. "Anesthetic Management of Surgical Interventions on a Beating Heart."
15.20-15.30	**Bakirov Erdavlat Abdukadir ogli,** Cardiac surgeon at the Fergana Branch of RSSPMCC. "Surgical treatment of post-infarction ventricular septal defect. Clinical observation."
15.30-15.40	**Artikov Shohruh Tulkinovich,** Cardiac surgeon at the Fergana Branch of RSSPMCC. A case of successful thrombolytic therapy in a patient with intracardiac thromboembolism after a previous myomectomy.
15.40-15.50	**Averyanova Anna Aleksandrovna,** laboratory physician, physician of the highest category, PhD (Biology), Honored Doctor of the Republic of Uzbekistan, consultant of the Clinical Diagnostic Laboratory of AKFA MEDLINE Medical Center.
15.50-16.00	**Discussion, answers to questions**
16.00-17.00	**Expert meeting:** "Mission Hypertension Control: Building a National Roadmap for Better Blood Pressure Control. Discussion of regional collaboration opportunities, and future joint initiatives" **Supported by SERVIER** **1. Professor Andrzej Januszewicz** (Poland), The President of the European Society of Hypertension (ESH). "Implementation ESH Masterplan in practice". **2. Doctor Anna Vachulová,** PhD. (Slovakia), The Vice-President of the Slovak League Against Hypertension. "Key success factors of Charter program". **3. Professor Tundybaeva Meyramgul Kapsimetovna** (Almaty) "Mission 5/50 in Kazakhstan: first results."
17.00-18.30	**The grand opening of the conference of cardiologists of Uzbekistan, III Kurultai of cardiologists of the Turkic-speaking states and the Uzbekistan-Azerbaijan Medical Forum (Amir Temur Hall)**

OCTOBER 3, 2026.

AMIR TEMUR HALL

CONFERENCE DAY 2 PROGRAM

8.00-8.30	**Registration of delegates and conference participants**
8.30-12.00	**III KURULTAI OF CARDIOLOGISTS OF THE TURKIC-SPEAKING STATES:** **Presidium: Professor Fozilov Kh.G. (Tashkent), Professor Dadasheva G.M. (Baku), Professor Bekbosynova M.S. (Astana), Professor Mirrakhimov E.M. (Bishkek), Professor Berkinbaev S.F.,** **Professor Kocaman Sinan Altan (Ankara).**
8.30-9.00	**Grand opening of the III Kurultai of Cardiologists of the Turkic-Speaking States.** **Greetings from the chairs of the I and II Kurultais of the Turkic-Speaking States:** **Head of the delegation of Azerbaijan – Professor Dadasheva G.M.** **Head of the delegation of Kazakhstan – Professor Bekbosynova M.S.** **Ceremonial handover of the symbolic key of the III Kurultai to the representative of Uzbekistan, Professor Fozilov Kh.G.**
9.00-9.15	**Fozilov Khurshid Gayratovich,** DSc, Director of RSSPMCC, Chief Cardiologist of the Ministry of Health of the Republic of Uzbekistan. "Evolution of approaches to the treatment of acute coronary syndrome in Uzbekistan: the era of evidence-based medicine and original solutions"
9.15-9.30	**Dadasheva Gulnaz Mahyr kyzy,** DSc, Professor, Director of the Scientific Research Institute of Cardiology of the Ministry of Health of the Republic of Azerbaijan named after J. Abdullayev. “Heart Failure in the New Era of Cardiology: Innovations, New Evidence and Changing Clinical Practice” (Baku, Azerbaijan)
9.30-9.45	**Bekbosynova Makhabbat Sansyzbaevna,** DSc, Professor, Chief Cardiologist of the Ministry of Health of the Republic of Kazakhstan, Deputy Chairman of the Board of the University Medical Center, President of the Kazakhstan Atherosclerosis Society. "What is our patient like today? Cardiorenometabolic syndrome: from obesity to heart failure – a modern approach to interdisciplinary patient management." (Astana, Republic of Kazakhstan)
9.45-10.00	**Mirrakhimov Erkin Mirsaidovich,** Head of the Department of Faculty Therapy at the Kyrgyz State Medical Academy, Professor of the Department of Therapy No. 2 in the specialty of general medicine at the Kyrgyz-Russian Slavic University, Kyrgyz Republic. "Beyond the Joints: The Cardiovascular Burden of Rheumatoid Arthritis" (Bishkek, Kyrgyzstan).

10.00-10.20	**Professor Kocaman Sinan Altan**, Professor of Cardiology, Founder and Director of the Cardiology Center of the Koru Clinic (Ankara), Coordinator of the Therapy Department; Leading expert in interventional cardiology and cardiac electrophysiology; Member of the European Society of Cardiology (ESC) and the Turkish Society of Cardiology (TKD). "Modern Anticoagulant Therapy in Non-Valvular Atrial Fibrillation: From Risk Assessment to Therapy Selection" (Ankara, Turkey)
10.20-10.40	**Khamidullaeva Gulnoz Abdusattarovna, DSc, Professor**, Deputy Director for Research at RSSPMCC, Ministry of Health of the Republic of Uzbekistan. "The polypill concept in current guidelines: a reliable way to control cardiovascular risk factors"
10.40-11.00	**Professor Bilgehan Karadag**, FESC, Professor of Cardiology Division of Cardiology, Istanbul University-Cerrahpasa, Cerrahpasa School of Medicine, "The role of ticagrelor in the management of patients with acute coronary syndrome in real-world clinical practice." (Istanbul, Turkey).
11.00-11.15	**Khasanov Niyaz Rustemovich**, DSc, Professor, Head of the Department of Internal Medicine Propaedeutics named after Professor S.S. Zimnitsky, Kazan State Medical University. "Iron Deficiency in Chronic Heart Failure." (Kazan, Tatarstan, Russian Federation)
11.15-11.30	**Shadyeva Gozel,** Cardiologist at Lebap Regional Multidisciplinary Hospital. "Low-dose colchicine reduces residual inflammation and cardiovascular events in high-risk patients receiving statin therapy: a 36-month study" (Lebap, Turkmenistan)
11.30-11.50	**Professor Hakan Altay,** Heart Failure Specialist, Radial Coronary Angiography, Coronary Stent Insertion (Radial), Istanbul Health Practice and Research Center, Başkent University. "Cardiometabolic patient today: from evidence base to clinical practice" (Türkiye)
11.50-12.00	**Summing up the results of the III Kurultai of cardiologists of the Turkic-speaking states**
12.00-13.00	**Satellite Symposium within the framework of the 1st Congress of the Society of Specialists of Uzbekistan on Arterial Hypertension and Prevention of Cardiovascular Diseases: "From Clinical Guidelines to Blood Pressure Control: Practical Solutions for Everyday Clinical Practice"** **Presidium: Professor Fozilov Khurshid Gayratovich (Tashkent), Prof. Andrzej Januszewicz (Poland), Dr. Anna Vachulová, PhD. (Slovakia), professor Dzhunusbekova Gulnara Aldeshovna (Almaty), professor Khamidullaeva G.A. (Tashkent). supported by SERVIER**
12.00-13.00	**Prof. Andrzej Januszewicz** (Poland), The President of the European Society of Hypertension (ESH). **Dr. Anna Vachulová,** PhD. (Slovakia), The Vice-President of the Slovak League Against Hypertension. **"From Guidelines to Blood Pressure Control: Practical Solutions for Everyday Clinical Practice."**
13.00-14.00	**Lunch break**
14.00-16.00	**MEDICAL FORUM "UZBEKISTAN - AZERBAIJAN"**

	Presidium: Professor Dadasheva G.M. (Baku, Azerbaijan), Professor Fozilov Kh.G. (Tashkent, Uzbekistan)
14.00-14.15	Welcoming speeches by representatives of the Ministries of Health of Azerbaijan and Uzbekistan and heads of delegations
14.15-14.30	**Fozilov Khurshid Gayratovich,** DSc, Director of RSSPMCC, Chief Cardiologist of the Ministry of Health of the Republic of Uzbekistan. "Cardiology Service of Uzbekistan: Strategy 2030."
14.30-14.45	**Abbasova Yegana Aydin kyzy**, PhD, Chairman of the Board, anesthesiologist-intensivist at the Organ Donation and Transplantation Coordination Center under the Ministry of Health of the Republic of Azerbaijan. "Organ Donation and Transplantation in Azerbaijan" (Baku, Azerbaijan)
14.45-15.00	**Kurbanov Nurali Abdurakhmanovich**, DSc, Director of the Jizzakh Branch of RSSPMCC of the Ministry of Health of the Republic of Uzbekistan. "Results and Clinical Analysis of Targeted Cardiovascular Disease Screening in Pakhtakor District, Jizzakh Region."
15.00-15.15	**Kazımlı Aygün Vügar qızı,** Associate Professor of the Department of Internal Medicine at the Azerbaijan Medical University of the Ministry of Health of the Republic of Azerbaijan. "Right Ventricle in Pulmonary Hypertension: From Function Assessment to Outcome Prediction" (Baku, Azerbaijan)
15.15-15.30	**Urinov Oybek**, DSc, Head of the Consultative Polyclinic of RSSPMCC of the Ministry of Health of the Republic of Uzbekistan. "Cardiovascular diseases in comorbid conditions: features of the clinical course and prognosis as a pressing problem of modern medicine"
15.30-15.45	**Gunesh Huseynova,** cardiologist at the Baku Health Center, Ministry of Health of the Republic of Azerbaijan. "Mitral Regurgitation: From Diagnosis and Quantification to Transcatheter Treatment".
15.45-16.00	**Discussion, Q&A, and adoption of the forum resolution UZBEKISTAN – AZERBAIJAN**
16.00-17.00	**Summing up the results of the annual conference of cardiologists of Uzbekistan and the III Kurultai of cardiologists of the Turkic-speaking states and adopting a resolution.** **Awarding of the winners of the Young Scientists competition** **Issuance of certificates**

CRYSTAL HALL

9.00-10.55	**Breakout Session No. 1. "Cardio-Oncology 2026".** **Chairman: Academician Belenkov Yu.N.** **Moderators: DSc, Senior Researcher Alieva Rano Burkhanovna (Tashkent),** **Aigerim Abdiorazova, Master of Public Health, Deputy Chairman of the Board, University Medical Center (Astana, Kazakhstan)**
9.00-9.20	**Belenkov Yuri Nikitich**, Academician of the Russian Academy of Sciences, DSc, Professor; Head of the Department of Hospital Therapy No. 1 and Director of the Hospital Therapy Clinic, N.V. Sklifosovsky Institute of Clinical Medicine, I.M. Sechenov First Moscow State Medical University (Sechenov University), Ministry of Health of Russia; President of the All-Russian Public Organization "Society of Heart Failure Specialists"; President of the Eurasian Association of

	Cardio-Oncologists; Editor-in-Chief of the journal “Kardiologiya”. “The Future of Cardio-Oncology: Prevention, Personalization and International Cooperation” (Moscow, Russia).
9.20-9.40	**Khabarova Natalia Vladimirovna,** MD, PhD, Associate Professor of the Department of Hospital Therapy, I.M. Sechenov First Moscow State Medical University (Sechenov University), Ministry of Health of Russia; Vice-President of the Eurasian Association of Cardio-Oncologists; Deputy Editor-in-Chief of the journal “Kardiologiya”; member of the European Society of Cardiology (ESC) and the International Cardio-Oncology Society (IC-OS). “Metabolomic profiling in cardio-oncology: current state of the problem and clinical prospects” (Moscow, Russia).
9.40-10.00	**Polatova Jamila Shagairatovna,** DSc, Professor, Director of the Republican Center for Pediatric Hematology, Oncology and Clinical Immunology, Ministry of Health of the Republic of Uzbekistan, founder of Oncoschool by Djamila. **Rizaeva Sibel**, postgraduate student at the Center for Pediatric Oncology. "Ways to Diagnose and Prevent Cardiotoxicity in Children with Cancer: The Experience of Uzbekistan."
10.00-10.15	**Alieva Rano Burkhanovna**, DSc, Senior Researcher, Scientific Laboratory of Coronary Heart Disease and Atherosclerosis, RSSPMCC, Ministry of Health of the Republic of Uzbekistan. **Alieva Zukhra Khamidovna**, PhD, Deputy Director of AKFA Medline Clinic. **Makhmudova Kamola Khayrullaevna**, PhD, Republican Specialized Scientific and Practical Medical Center of Oncology and Radiology, Ministry of Health of the Republic of Uzbekistan. "Diagnosis of Cardiotoxicity: Modern Technologies and Their Availability in Uzbekistan"
10.15-10.30	**Kadyrova Madina Valerievna**, PhD, Senior Researcher, A.V. Vishnevsky National Medical Research Center of Surgery (Federal State Budgetary Institution), Ministry of Health of Russia. "Cardiac tumors: classification, clinical presentation, characteristics, and radiological signs." (Moscow, Russia).
10.30-10.45	**Juraeva Nigora Makhsumovna,** DSc, Professor, Head of the Department of MRI and CT Diagnostics. Republican Specialized Center for Surgery of the Ministry of Health of the Republic of Uzbekistan. "CT Coronary Angiography in the Era of Artificial Intelligence"
10.45-13.00	**Breakout Session No. 2: "Preventive Cardiology: Registries, Rehabilitation, and Real-World Practice"** **Moderators: Professor Raisa Khusainovna Trigulova, Professor Zulfiya Dadaevna Rasulova.**
10.45-11.00	**Rasulova Zulfiya Dadaevna,** DSc, Professor, Head of the Therapy Department, Central Consultative and Diagnostic Polyclinic No. 1 of the Main Medical Directorate under the Administration of the President of the Republic of Uzbekistan, Department of Military Therapy and Toxicology, Military Medical Institute, University of Military Security and Defense of the Republic of Uzbekistan (Republic of Uzbekistan, Tashkent). Co-presenter: Karimov Yorkin Karimovich, PhD, Director of the Uzbekistan Sanatorium, Kislovodsk, under the Main Medical Department of the Presidential Administration of the Republic of Uzbekistan, Uzbekistan Resort and Health Joint-Stock Company. "Preventive Model of Sanatorium-Resort Rehabilitation of Patients with Ischemic Heart Disease (Uzbekistan Sanatorium, Kislovodsk)"
11.00-11.15	**Trigulova Raisa Khusainovna** – DSc, Professor, Head of the Scientific Laboratory of Preventive Cardiology, RSSPMCC, Ministry of Health of the Republic of Uzbekistan. "New patient-oriented tools for assessing secondary

	prevention after myocardial infarction within the framework of an outpatient registry."
11.15-11.30	**Lukyanov Mikhail Mikhailovich** – PhD, Head of the Clinical Cardiology Department at the National Medical Research Center for Therapy and Preventive Medicine of the Russian Ministry of Health. "Multimorbid patients with cardiovascular pathology: clinical practice and opportunities for improving prognosis." **ONLINE**
11.30-11.45	**Pobivantseva Natalia Fadeevna** – PhD, Associate Professor, Deputy Director for Organizational and Methodological Work, State Institution, Republican Scientific and Practical Center for Cardiology, "The Problem of Acute Cerebrovascular Accident and Myocardial Infarction in the Republic of Belarus: Directions for Improving Treatment and Preventive Care" (Minsk, Republic of Belarus). **ONLINE**
11.45-12.00	**Alimova Dilnoza Abdullaevna** – PhD, cardiologist in the Department of Cardiocerebral Pathology, senior researcher at the Scientific Laboratory of Preventive Cardiology of RSSPMCC of the Ministry of Health of the Republic of Uzbekistan. "Evaluation of the effectiveness of drug-based secondary prevention and adherence to clinical guidelines in patients after myocardial infarction and stroke: results of the outpatient registry of the Republic of Uzbekistan."
12.00-12.15	**Enalieva Diana Aitbaevna,** Resident physician in the General Cardiology Department of RSSPMCC of the Ministry of Health of the Republic of Uzbekistan. "Adherence to secondary prevention after acute myocardial infarction: determining factors and impact on prognosis."
12.15-13.00	**Symposium: "Cardiology News: Key Updates from Leading Professional Societies." Chair: DSc, Professor G.M. Tulabaeva.**
12.15-12.35	**Salimova Nazima Rikhsitullaevna, PhD**, Senior Researcher, Department of Cardiocerebral Pathology, RSSPMCC. Shakirov Majid Rashidovich, PhD, Senior Researcher, Department of Cardiocerebral Pathology, RSSPMCC. "Cardiocerebral Distress: From a State of Impaired Adaptation to Restoration of Protective Mechanisms of the Heart and Brain."
12.35-12.55	**Tulabaeva Gavkhar Mirakbarovna**, DSc, Professor, Head of the Department of Cardiology and Gerontology with a course in interventional cardiology and arrhythmology at the Center for the Development of Professional Qualifications of Medical Workers. "Metabolic Correction in Ischemic Heart Disease."
12.55-13.00	**Discussion. Answers to questions**
13.00-14.00	**Lunch break**
14.00-16.00	**Breakout Session No. 3: "Cardiometabolic Medicine: From Mechanisms to Prevention" Moderators:** Professor Trigulova Raisa Khusainovna, Associate Professor Mukhtarova Shakhnoza Shokirjanovna.
14.00-14.20	**Agababyan Irina Rubenovna,** Professor, Head of the Department of Therapy, Cardiology, and Functional Diagnostics with a Course in Cardiac Surgery at the Samarkand State Medical University. "One Diagnosis – Different Solutions".
14.20-14.35	**Takhirova Feruza Abrarovna** – PhD, Leading Specialist, Department for Public Health Policy Assessment, Research Center for Population Health Analysis. "Nutrition as a Major Risk Factor for Cardiovascular Disease."
14.35-14.50	**Rasulova Zulfiya Dadaevna** – DSc, Professor, Head of the Therapy Department, Central Consultative and Diagnostic Polyclinic No. 1 of the Main Medical Directorate under the Administration of the President of the Republic of Uzbekistan, Department of Military Therapy and Toxicology, Military Medical

	Institute, University of Military Security and Defense of the Republic of Uzbekistan. Co-presenter: Ibodulloev Manzurbek Sirojiddin ugli, PhD candidate, Military Medical Institute, University of Military Security and Defense of the Republic of Uzbekistan (Republic of Uzbekistan, Tashkent). "Metabolic-Associated Fatty Liver Disease and Atherosclerosis: From Pathogenesis to Prevention"
14.50-15.05	**Mukhtarova Shakhnoza Shokirjanovna,** PhD, Associate Professor, Department of Endocrinology and Pediatric Endocrinology, Tashkent State Medical University. "Heart Failure Phenotype and Efficiency of Metabolic Control in Patients with CCS Receiving SGLT2 Inhibitors."
15.05-15.20	**Akhmedova Dilafruz Tashpulat kizi** – doctoral student at RSSPMCC of the Ministry of Health of the Republic of Uzbekistan. "Early administration of SGLT2 inhibitors in acute myocardial infarction in patients with and without type 2 diabetes mellitus: heart rate variability as a marker of cardioprotection." (Republic of Uzbekistan, Tashkent).
15.20-16.30	**Breakout Session No. 4: "Translating Original Research Results into Clinical Practice." Moderated by Professor R.Kh. Trigulova and DSc G.Zh. Abdullaeva.**
15.20-15.35	**Abidova Dilorom Ergashevna,** DSc, Senior Physician of the Outpatient Clinic of RSSPMCC of the Ministry of Health of the Republic of Uzbekistan. "The Female Heart in Focus: The Cardiorenometabolic Continuum – Challenges and Solutions"
15.35-15.50	**Tashkenbaeva Nargiza Farkhadovna,** PhD, Head of the Cardiac Rehabilitation Department, RSSPMCC, Ministry of Health of the Republic of Uzbekistan. "Obesity-Associated CHF: Cardiac Rehabilitation as a Metabolic Therapy"
15.50-16.05	**Shukurova Dilafruz Yusupovna**, PhD, lecturer at the Department of Internal Medicine, Tashkent Medical University. “Clinical Efficacy of Fixed-Dose Antihypertensive Combinations in Uncontrolled Arterial Hypertension”
16.05-16.20	**Faizullaeva Shakhlo Sadykzhan kizi,** 3rd year doctoral student at RSSPMCC, Ministry of Health of the Republic of Uzbekistan. "The polypill concept in the control of cardiovascular risk factors"
16.20-16.30	**Discussion. Answers to questions**

SAMARKAND HALL

9.00-11.10	**Breakout Session No. 1. "Cardiocerebral Continuum: The Role of Sleep Apnea and Oxidative Stress in the Development of CVD and Cerebrovascular Pathology." Moderators: Chairman of the National Society of Respiratory Medicine, PhD, pulmonologist Aleksey Mikhailovich Pak, DSc N.U. Makhkamova, PhD N.A. Usmonova.**
9.00-9.15	**Kuchkarov Khusniddin Shakhobiddinovich,** PhD, Senior Lecturer of the Department of Internal Medicine, ALFRAGANUS University. "Antiarrhythmic Therapy for Atrial Fibrillation: A View from the East"
9.15-9.30	**Efimova Oksana Igorevna -** PhD, cardiologist, V.D. Seredavin Samara Regional Clinical Hospital, Samara; Garkina Svetlana Vitalievna – PhD, cardiologist, Department of Interventional Arrhythmology and Cardiac Pacing, Associate Professor, and Head of the Academic Department at the Arrhythmology Academy Educational Center, V.A. Almazov National Medical Research Center. "Previous Stroke and Atrial Fibrillation: Secondary Prevention Strategies" (St. Petersburg, Russia)

9.30-9.45	**Kozik Valentina Alexandrovna -** DSc, Assistant Professor, Department of Hospital Therapy and Medical Rehabilitation (Faculty of Pediatrics), Novosibirsk State Medical University, Ministry of Health of the Russian Federation, Cardiologist. "Vascular Diseases in Atrial Fibrillation: Contribution to the Formation of Thromboembolic Risk" (Novosibirsk, Russia)
9.45-10.00	**Salimova Nazima Rikhsitullaevna,** PhD, Senior Researcher, Department of Cardiocerebral Pathology, RSSPMCC. "Psychological and oxidative stress as pathogenetic targets for therapy in cardiocerebral pathology"
10.00-10.15	**Makhkamova Nargiza Utkurovna**, DSc, neurologist at RSSPMCC. "Life after stroke: a differentiated approach to rehabilitation."
10.15-10.30	**Usmonova Nilufar Abdiganievna,** PhD, cardiologist, Department of Cardiocerebral Pathology, RSSPMCC. "Obstructive sleep apnea and chronic heart failure: pathophysiological mechanisms, diagnosis, and modern approaches to treatment."
10.30-10.45	**Alieva Munira Abdurashidovna,** PhD, neurologist, somnologist at the Republican Specialized Scientific and Practical Medical Center of Endocrinology, Dr. Maksudova's Clinic. "Cerebral Venous Circulation in Patients with Chronic Heart Failure"
10.45-11.00	**Tsoi Igor Arsenievich,** PhD, Senior Researcher, Laboratory of Heart Failure and Non-Coronary Myocardial Diseases, RSSPMCC. "Sodium-glucose cotransporter-2 inhibitors: optimal cardio-, nephro-, and neuroprotection in patients with comorbidities."
11.00-11.10	**Discussion. Answers to questions**
11.10-13.00	**Breakout Session No. 2: "Modern Cardiac Imaging: From Echocardiography to Personalized Diagnostics"** **Moderators: Bekmetova F.M. (Tashkent), Yakovlev S.A. (Moscow)**
11.10-11.20	**Bekmetova Feruza Matsapaevna**, DSc, Head of the Laboratory of Non-invasive Diagnostics of Cardiovascular Diseases, RSSPMCC, "What's New in the ASE Recommendations?"
11.20-11.35	**Fakhretdinova Alina Irshatovna**, physician, Department of Functional Diagnostics, Republican Cardiology Center. "Stress Echocardiography with Physical Exercise: Main Indications, Contraindications, Preparation, and Challenges in Clinical Practice." (Ufa, Russia)
11.35-11.50	**Gvozdeva Anna Dmitrievna,** PhD, cardiologist, researcher at the S.P. Botkin Moscow Multidisciplinary Scientific and Clinical Center. "Stress EchoCG in patients with shortness of breath: clinical cases" (Moscow, Russia).
11.50-12.05	**Ivakaeva Natalia Olegovna**, Head of the Functional Diagnostics Department, City Clinical Hospital No. 1 named after N.I. Pirogov, "What do cardiogenic shocks look like? Various causes, case analysis" (Moscow, Russia).
12.05-12.20	**Antonov Ivan Mikhailovich**, Head of the Cardiac Intensive Care Unit at the S.P. Botkin Moscow Multidisciplinary Scientific and Clinical Center. "Decreased Left Ventricular Function: How to Distinguish a Problem from a Catastrophe." (Moscow, Russia)
12.20-12.35	**Yakovlev Sergey Alekseevich**, Senior Researcher at the S.P. Botkin Moscow Multidisciplinary Scientific and Clinical Center. "RV Failure: Planned and Emergency." (Moscow, Russia)
12.35-12.50	**Bekbulatova Regina Shavkatovna,** PhD, Senior Researcher, Laboratory of Non-invasive Diagnostics of Cardiovascular Diseases, RSSPMCC, "Left atrial strain in ischemic chronic heart failure: prognostic significance."
12.50-13.00	**Discussion. Answers to questions**

13.00-14.00	**Lunch break**
14.00-15.10	**Joint Russian-Uzbek Educational Symposium "Cardiogeriatrics: Beyond Chronological Age." Co-chairs: Professor G.M. Tulabaeva (Tashkent), PhD V.D. Zakiev (Moscow).**
14.00-14.15	**Zakiev Vadim Dmitrievich, PhD,** Cardiologist, researcher at the Laboratory for the Study of Geroprotectors and Clinical Trials of the Russian Gerontology Research and Clinical Center of the N.I. Pirogov Russian National Research Medical University of the Ministry of Health of the Russian Federation. "Cardiogeriatrics – a New Subspecialty or a Core Competency for a Cardiologist?" (Moscow, Russia)
14.15-14.30	**Tulabaeva Gavkhar Mirakbarovna**, DSc, Professor, Head of the Department of Cardiology and Gerontology with a Course in Interventional Cardiology and Arrhythmology at the Center for the Development of Professional Qualifications of Medical Workers. "Atrial Fibrillation in Geriatric Practice: From Early Diagnosis to Personalized Therapy." (Tashkent, Uzbekistan).
14.30-14.45	**Izyumov Andrey Dmitrievich**, PhD geriatrician, researcher Federal State Budgetary Scientific Institution Russian Scientific Center of Surgery named after Academician B.V. Petrovsky, "Assessment of Geriatric Status: What is Really Useful for a Cardiologist?" (Moscow, Russia)
14.45-15.00	**Izyumova Irina Aleksandrovna,** PhD (Pedagogy), Associate Professor of the Department of General and Developmental Psychology, N.I. Pirogov Russian National Research Medical University, Ministry of Health of the Russian Federation. "Effective Communication with Elderly Patients: How to Overcome Cognitive and Psychological Barriers?" (Moscow, Russia)
15.00-15.10	**Discussion. Answers to questions**
15.10-16.00	**Breakout Session No. 3. "AMI: From Diagnosis to Rehabilitation"**
15.10-15.25	**Mullabaeva Guzal Uchkunovna**, DSc, Scientific Director of the Laboratory of Minimally Invasive Cardiac Surgery and Postoperative Recovery at RSSPMCC. "Management of Patients with Coronary Artery Disease without Coronary Artery Obstruction"
15.25-15.40	**Abdullaeva Saodat Yashinovna,** PhD, Researcher, Acute Myocardial Infarction Laboratory, RSSPMCC. "Rehabilitation of ACS patients: a multidisciplinary approach and stages."
15.40-15.55	**Shchekin Vlas Sergeevich,** PhD, Head of the Morphology Laboratory, Institute of Fundamental Medicine, Bashkir State Medical University, Ministry of Health of the Russian Federation (Ufa). "Clinical and Pathological Characteristics of Type 2 Myocardial Infarction" (Ufa, Russia)
15.55-16.10	**Ergashev Feruz Fakhruddinovich,** Cardiac intensivist, RSSPMCC. "Endothelial-platelet von Willebrand factor as a prognostic marker for acute myocardial infarction."
16.10-16.20	**Discussion. Answers to questions**




RESPUBLIKA IXTISOSLASHTIRILGAN KARDIOLOGIYA ILMIY-AMALIY TIBBIYOT MARKAZI
KARDIOLOGIYA MARKAZI




SEPTEMBER 30, 2026.

CONFERENCE HALL OF RSSPMCC
(Building 1, administrative building, 3rd floor)

YOUNG SCIENTISTS COMPETITION (UNDER 35)

Competition jury:

1. **Fozilov Khurshid Gayratovich**, DSc, Director of RSSPMCC (Chair of the Jury).
2. **Nurillaeva Nargiza Mukhtarkhanovna**, DSc, Professor, Head of the Department of Internal Diseases in Family Medicine No. 1, Tashkent State Medical University.
3. **Abdullaev Khozhiakbar Khatamovich**, DSc, Associate Professor, Chief Researcher, State Institution "Republican Specialized Scientific and Practical Medical Center of Therapy and Medical Rehabilitation", Associate Professor, Tashkent State Medical University.
4. **Zakirova Feruza Akildzhanovna**, DSc, Head of the Department of "General Cardiology and Gastroenterology", RSSPMCC.
5. **Yusupova Khafiza Furkatovna**, PhD, Scientific Secretary of RSSPMCC, geneticist.

9.30-10.00	**Registration of competition participants**
10.00-10.05	**Fozilov Khurshid Gayratovich**, DSc, Director of RSSPMCC, Chief Cardiologist of the Ministry of Health of the Republic of Uzbekistan. Opening remarks.
	Presentations by competition participants (7 minutes each)
10.05-10.12	**Abduzhalilov Sunnat Abdumannopovich**, cardiac intensivist, RSSPMCC. "Routing of patients with ACS and stroke: from the prehospital stage to a specialized center".
10.12-10.19	**Akhralov Azizbek Mirza ugli**, 2nd-year Master's student in "Cardiology", Tashkent State Medical University. "Postoperative atrial fibrillation in patients after posterior pericardiotomy: features of development and clinical course".
10.19-10.26	**Asrarova Zilola Dilshodovna**, 1st-year doctoral student in "Internal Diseases", Tashkent State Medical University. "Effect of continuous positive airway pressure therapy on lipid profile and left ventricular mass index in patients with obstructive sleep apnea syndrome".
10.26-10.33	**Atoeva Munisa Ismoil kizi**, 2nd-year doctoral student, RSSPMCC. "Cognitive, psycho-emotional and organ-protective effects of combined antihypertensive therapy".
10.33-10.40	**Azzamov Jasur Azamat ugli**, cardiologist, "Neo Med Hospital" Clinic; 2nd-year independent applicant, Republican Specialized Scientific and Practical Medical Center of Therapy and Medical Rehabilitation. "Effectiveness of empagliflozin in the treatment of heart failure with preserved ejection fraction in patients with left ventricular hypertrophy".
10.40-10.47	**Ganiev Otamurod Ilkhomovich**, cardiologist, Cardiac Intensive Care Department, Jizzakh Branch of RSSPMCC; Assistant Lecturer, Jizzakh Branch of Kazan Federal University; applicant, Karakalpak Medical Institute. "Clinical, laboratory and echocardiographic features of patients with non-Q-wave myocardial infarction".
10.47-10.54	**Zhemuratova Raushan Esbergenovna**, 2nd-year doctoral student, RSSPMCC. "Dyslipidemia and inflammatory markers as cardiovascular risk factors: focus on coronary stenosis".

10.54-11.01	**Kadirov Bekhruzbek Saidovich**, PhD, Associate Professor, Department of Clinical Sciences No. 3, Asia International University. “A digital cardiological risk profile of the patient: an algorithm for early stratification of cardiovascular risk at the primary care level”.
11.01-11.08	**Mirakhmedova Nilufar Saiddinkhuja kizi**, 2nd-year doctoral student, RSSPMCC. “Predictors of adverse long-term outcomes of acute myocardial infarction during outpatient follow-up”.
11.08-11.15	**Namozova Shakhlo Khakim kizi**, clinical resident, RSSPMCC. “Short-term changes in renal function after adding finerenone to therapy in a patient with cardiorenal syndrome without albuminuria: a case report”.
11.15-11.22	**Nazirkhuzhaev Nekruz Sharofidinovich**, pediatric cardiologist, ultrasound physician, Tashkent Regional Children's Multidisciplinary Medical Center; Tashkent State Medical University. “An innovative approach in pediatric echocardiography: the „Echo Assistant“ application”.
11.22-11.29	**Odilova Diyora Fatkhullaevna**, 2nd-year Master's student, Department of Endocrinology and Pediatric Endocrinology, Tashkent State Medical University. “Residual cardiovascular risk in patients with type 2 diabetes and heart failure receiving SGLT2 inhibitor therapy”.
11.29-11.36	**Rakhmatov Makhmudjon Murodjon ugli**, 2nd-year doctoral student, RSSPMCC. “Colchicine as an add-on to standard heart failure therapy in patients with dilated cardiomyopathy: assessment of clinical effectiveness”.
11.36-11.43	**Rozibaev Bekzod Ibodullaevich**, 6th-year student, Tashkent State Medical University. “Including vascular stiffness parameters in an artificial intelligence model improves prediction of response to azilsartan and indapamide therapy”.
11.43-11.50	**Tolibov Akhtam Akram ugli**, 2nd-year doctoral student, RSSPMCC. “One-year clinical prognosis in patients with atrial fibrillation and factors affecting it”.
11.50-11.57	**Turaeva Gavkhar Bakhromovna**, cardiologist, Jizzakh Branch of RSSPMCC; Jizzakh Branch of Kazan Federal University. “Clinical and instrumental characteristics of patients with Q-wave myocardial infarction depending on the location of left ventricular damage”.
11.57-12.04	**Turgunboev Saidburkhon Tulkinjon ugli**, 2nd-year doctoral student, RSSPMCC. “Relationship between body mass index and hyperuricemia in patients with arterial hypertension”.
12.04-12.11	**Khaydarova Zebo Kholmurod kizi**, cardiologist, Yashnabad Multidisciplinary Central Polyclinic; 1st-year doctoral student, National Medical Center. “Cardiovascular risk stratification in postmenopausal women: the significance of traditional and menopause-specific risk factors”.
12.11-12.18	**Kholmurodov Shakhzod Shukhrat ugli**, 1st-year doctoral student, RSSPMCC. “Features of the range of maximum and minimum plasma rivaroxaban concentrations in patients with atrial fibrillation in the Uzbek population”.
12.18-12.25	**Yokubjonov Abdullokh Oribjon ugli**, cardiologist, independent applicant, Namangan Branch of RSSPMCC. “Features of the course of heart failure in chronic rheumatic heart disease”.
12.25-12.32	**Yuldasheva Madina Saidakhmat kizi**, 2nd-year Master's student, Department of Endocrinology and Pediatric Endocrinology, Tashkent State Medical University. “Metabolic-vascular phenotype of failure to achieve target glycated hemoglobin levels in patients with CAD and type 2 diabetes”.
12.35-12.45	**Discussion and closing** Closing remarks by the Chair of the Jury, DSc **Fozilov Kh.G.**

October 3, 17.00	**Award ceremony for the winners of the Young Scientists Competition** Venue: **AZIMUT Grand Hotel Tashkent, "Amir Temur" Hall** (Tashkent, Amir Temur Avenue, 107A). Commemorative gifts will be presented to the winners (1st–3rd places) and diplomas to all participants of the competition.